## **Mohave Flag Football**

**Practices:** Monday-Thursday 2:30-4:00 PM, except holidays and early releases, starting Monday, January 8th!

Must be registered on registermyathlete.com. Must have a completed AND approved physical on file. May NOT attend practice until this is cleared by the Athletic Director.

Medications (inhaler, epi pen, etc.) must be cleared by the nurse. The athlete must hand it to the coach at the start of practice and is responsible for collecting it at the end of practice.

**Pickup**: Front of the school at 4 PM. Please be prompt. The parent or legal guardian is expected to be the one picking up the student-athlete. If this is NOT the case, please complete and return the Alternate Transportation Form.

**Locker Rooms:** Athletes will change into practice clothing and bring everything with them to the field.

**Equipment**: Athletic wear or comfortable clothing, cleats, and a large water bottle are mandatory. Gloves and a mouthguard are optional, but strongly recommended.

<u>Sports Festival:</u> Saturday Jan. 27 at Desert Mountain High School and Mountainside Middle School. We typically play 3 games against other school's grade level teams starting at 8 and ending around noon. They will receive a "Mohave Athletics" t-shirt and are expected to wear that at the Festival. The shirt must be unmodified.

<u>Tier 2:</u> Following the Festival, coaches will determine an appropriate number to invite to the Tier 2 Tryouts. Those selected will be added to a "Tier 2 Tryouts" Team on RMA and contacted that weekend. They will tryout on Monday and Tuesday, the 29th and 30th. Final roster selections for Varsity and Junior Varsity teams will be made after practice on the 30th. More information and instructions will be provided to those that make the teams.